

Who Should Attend?

These Seminars on Integrative Therapies are open to the general public and to professionals in the following disciplines: Social Workers, Licensed Mental Health Counselors, Licensed Alcohol and Drug Counselors, Registered Nurses, Nurse Practitioners, Educators and Physicians. You will learn to understand the conflicting and often confusing information concerning nutrition and mental health treatment.

These programs will provide ample opportunity for questions and answers.

Continuing Educational Credit

CONTINUING EDUCATION CREDIT PROVIDED BY
COMMONWEALTH EDUCATIONAL SEMINARS:

Social Workers - Approved for 3 Category 1 CEUs.

Psychologists - Commonwealth Educational Seminars is approved by the American Psychological Association to offer Continuing Education for Psychologists. Commonwealth Educational Seminars is offering 3 hours of Continuing Education Credit. Commonwealth Educational Seminars maintains responsibility for the programs.

Licensed Mental Health Counselors - Approved for 3 Category 1 Continuing Education Contact Hours.

Ways to Register

Phone: (781) 647-0066, ext. 10

Fax: (781) 899-4905

Email: malnourishedminds@gmail.com

Online: www.comprehensivepsychiatricresources.com

Mail to: Comprehensive Psychiatric Resources
203 Crescent Street, Suite 110
Waltham, MA 02453

Practical Solutions for
Common and Complex
Psychiatric Disorders

Free Seminars

Integrative Medicine
for Mental Health

www.comprehensivepsychiatricresources.com

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203 Crescent Street, Suite 110
Waltham, MA 02453

Integrative Medicine for Mental Health

SPRING 2012
SEMINAR SERIES

FREE SEMINARS

CHALLENGING
MENTAL HEALTH
TRADITIONS

with James Greenblatt, MD

For more information, or to register for
the program please contact:

Comprehensive Psychiatric Resources
at (781) 647-0066

or visit:

www.comprehensivepsychiatricresources.com

CEUs available

Integrative Medicine for Mental Health

Integrating Science and Sense

This seminar series will explore the field of Integrative Medicine as it pertains to psychiatry and mental health treatment.

The seminar will provide an overview of the limitations of psychotropic medications and explore why the current trial and error, polypharmacy approach to the treatment of mental illness is limited.

ADHD, Anxiety, Anorexia, Depression, Autism and other mental health disorders often have dietary and/or biological causes that can be treated effectively once the underlying causes are known. Intestinal pathogens, inborn errors of metabolism, inadequate protein consumption, food allergies, nutritional deficiencies, environmental toxins, gastrointestinal disorders and enzyme deficiencies can all contribute to improper brain chemistry. Emphasis will be on nutritional factors that can be assessed through laboratory testing.

Evidence based research of nutritional therapies in the treatment of mental illness will be reviewed. Participants will learn skills to better evaluate the hype and hope of targeted nutritional therapies.

James Greenblatt, MD A dually board-certified child and adult psychiatrist, Dr. Greenblatt combines his interest in integrative treatments for psychiatric disorders with a traditional background in medicine. He has been a pioneer in integrating medical and natural therapies in the treatment of Attention Deficit Hyperactivity Disorder, Depression, Eating Disorders and Anxiety. He has lectured throughout the United States to professionals and families on the scientific evidence of complementary and alternative therapies for psychiatric disorders. Dr. Greenblatt is the Founder and Medical Director of Comprehensive Psychiatric Resources, Inc., an integrated, multidisciplinary psychiatric group practice.

INTEGRATIVE MEDICINE FOR MENTAL HEALTH

Depression and Mood Disorders

Saturday, April 14th
9:00 a.m. to Noon

OCD and Anxiety Disorders

Saturday, May 5th
9:00 a.m. to Noon

SEMINAR LOCATION:

Johnson Compounding and Wellness Center
577 Main Street
Waltham, MA 02452
Phone: (781) 893-3870

REGISTRATION INFORMATION:

Comprehensive Psychiatric Resources
203 Crescent Street, Suite 110, Waltham, MA 02453
Phone: (781) 647-0066 • Fax: (781) 899-4905
www.comprehensivepsychiatricresources.com

Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____

Email: _____

Yes! Please register me for the **INTEGRATIVE MEDICINE FOR MENTAL HEALTH Seminars**

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Depression and Mood Disorders
- Saturday, May 5th, 9:00 a.m. to Noon:
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Payment for CEUs collected onsite; \$25 per session.

- I cannot attend at this time, but please add me to your mailing list.

Please use one registration form per attendee. We advise that you register in advance, space is limited.

For more information call: (781) 647-0066, ext. 10